



HOLY FAMILY CATHOLIC PARISH

Southern Hills

VISION STATEMENT

We strive to be a welcoming, growing and vibrant Catholic Community that embraces the diversity of people and culture through our love of God.

3rd SUNDAY IN LENT YEAR C

23 MARCH 2025

First Reading Ex 3:1-8. 13-15

A reading from the book of Exodus

Moses was looking after the flock of Jethro, his father-in-law, priest of Midian. He led his flock to the far side of the wilderness and came to Horeb, the mountain of God. There the angel of the Lord appeared to him in the shape of a flame of fire, coming from the middle of a bush. Moses looked; there was the bush blazing but it was not being burnt up. 'I must go and look at this strange sight,' Moses said, 'and see why the bush is not burnt.' Now the Lord saw him go forward to look, and God called to him from the middle of the bush. 'Moses, Moses!' he said. 'Here I am' he answered. 'Come no nearer' he said. 'Take off your shoes, for the place on which you stand is holy ground. I am the God of your father,' he said 'the God of Abraham, the God of Isaac and the God of Jacob.' At this Moses covered his face, afraid to look at God.

And the Lord said, 'I have seen the miserable state of my people in Egypt. I have heard their appeal to be free of their slave-drivers. Yes, I am well aware of their sufferings. I mean to deliver them out of the hands of the Egyptians and bring them up out of that land to a land rich and broad, a land where milk and honey flow.'

Then Moses said to God, 'I am to go, then, to the sons of Israel and say to them, "The God of your fathers has sent me to you." But if they ask me what his name is, what am I to tell them?' And God said to Moses, 'I Am who I Am. This' he added 'is what you must say to the sons of Israel: "The Lord, the God of your fathers, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you." This is my name for all time; by this name I shall be invoked for all generations to come.'

Responsorial Psalm Ps 102:1-4. 6-8. 11. R. v.8

(R.) The Lord is kind and merciful.

1. My soul, give thanks to the Lord, all my being, bless his holy name. My soul give thanks to the Lord and never forget all his blessings. (R.)
2. It is he who forgives all your guilt, who heals every one of your ills, who redeems your life from the grave, who crowns you with love and compassion. (R.)
3. The Lord does deeds of justice, gives judgement for all who are oppressed. He made known his ways to Moses and his deeds to Israel's sons. (R.)
4. The Lord is compassion and love, slow to anger and rich in mercy. For as the heavens are high above the earth so strong is his love for those who fear him. (R.)

Second Reading 1 Cor 10:1-6, 10-12

A reading from the first letter of St Paul to the Corinthians

I want to remind you how our fathers were all guided by a cloud above them and how they all passed through the sea. They were all baptised into Moses in this cloud and in this sea; all ate the same spiritual food and all drank the same spiritual drink, since they all drank from the spiritual rock that followed them as they went, and that rock was Christ. In spite of this, most of them failed to please God and their corpses littered the desert.

These things all happened as warnings for us, not to have the wicked lusts for forbidden things that they had. You must never complain: some of them did, and they were killed by the Destroyer.

All this happened to them as a warning and it was written down to be a lesson for us who are living at the end of the age. The man who thinks he is safe must be careful that he does not fall.

Gospel Acclamation Mt 4:17

Glory to you, Word of God, Lord Jesus Christ!

Repent, says the Lord; the kingdom of heaven is at hand.

Glory to you, Word of God, Lord Jesus Christ!

Gospel Lk 13:1-9

A reading from the Holy Gospel according to Luke

Some people arrived and told Jesus about the Galileans whose blood Pilate had mingled with that of their sacrifices. At this he said to them, 'Do you suppose these Galileans who suffered like that were greater sinners than any other Galileans? They were not, I tell you. No; but unless you repent you will all perish as they did. Or those eighteen on whom the tower at Siloam fell and killed them? Do you suppose that they were more guilty than all the other people living in Jerusalem? They were not, I tell you. No; but unless you repent you will all perish as they did.'

He told this parable: 'A man had a fig tree planted in his vineyard, and he came looking for fruit on it but found none. He said to the man who looked after the vineyard, "Look here, for three years now I have been coming to look for fruit on this fig tree and finding none. Cut it down: why should it be taking up the ground?" "Sir," the man replied "leave it one more year and give me time to dig round it and manure it: it may bear fruit next year; if not, then you can cut it down."'

OUR PARISH COMMUNITY

PARISH PRIEST - Fr Paul Mwaura

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E: parishpriest@holycatholicfamilyparish.org.au

DEACON - Dcn Tee Ping Koh

E: bwoodpar@gmail.com

Ph: 0409 538 328

For urgent Pastoral assistance please call the Parish Priest or Deacon on their mobile.

PASTORAL ASSOCIATE - Mrs Bianca Cotton

E: parishassociate@holycatholicfamilyparish.org.au

PARISH OFFICE

26 London Rd, Aberfoyle Park

Ph: (08) 8270 2158

E: info@holycatholicfamilyparish.org.au

W: www.holycatholicfamilyparish.org.au

FACEBOOK: *Holy Catholic Family Parish*

OFFICE HOURS - Tues & Thurs 10am - 2pm

SUPPORT CENTRE BLACKWOOD

4-6 Laffers Rd, Glenalta

Ph: (08) 8278 6100

E: bwoodpar@gmail.com

OFFICE HOURS - Wed & Friday 10am - 12pm

COTTAGE BOOKINGS - (08) 8278 6371

MASS TIMES

Monday 10.30am Rosary Our Lady of the Way

Tuesday 9.30am Mass St Paul of the Cross

Tuesday 11.30am Rosary and Mass 12pm Nativity

Wednesday 9.30am Mass St Paul of the Cross

Wednesday 7.00pm Mass Our Lady of the Way

and Exposition and Adoration 7.30pm - 8.30pm

Thursday 9.15am Mass Nativity

Friday 9.30am Mass and Reconciliation 10am -

10.30 am St Paul of the Cross

Friday Exposition and Adoration 11am - 12pm

and 12.00 p.m. Mass Nativity

Saturday 11am Rosary at Nativity

Saturday 5.15pm - 5.45 pm Reconciliation at

Nativity

Saturday Vigil 6pm Mass at Nativity

Sunday 7.30am Mass St Paul of the Cross

Sunday 9.00am Mass Our Lady of the Way

Sunday 11am Mass Nativity

VESPERS

As advertised.

BAPTISMS & WEDDINGS

Please contact Pastoral Associate for further information on (08) 8270 2158.

PARISH PASTORAL COUNCIL

CHAIR: Mr Paul Ridings

E: ppc@holycatholicfamilyparish.org.au

Ph: 0427 848 371

PARISH FINANCE COUNCIL

CHAIR: Mr. Tony Ward

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Ph: (08) 82786100

TREASURER: Mr Ron Mazzachi

E: pfc@holycatholicfamilyparish.org.au

Ph: 0407 613 749

SCHOOL OF THE NATIVITY

Ph: (08) 8270 3177

E: info@nativity.catholic.edu.au

W: www.nativity.catholic.edu.au

Principal: Erika Dixon

THIRD SUNDAY OF LENT YEAR C



REFLECTION

Easier said than done, right? But, if we are to imitate Christ, most of us need to practice mercy and compassion more frequently. Start with the little daily annoyances that we experience, the unkind word or hateful glance we receive. Instead of plotting revenge on that person, try saying a quick prayer for that person. Praying for our enemies doesn't change them, it changes us. Mercy and compassion will keep us on the path to holiness.

ENTRANCE ANTIPHON

My eyes are always on the Lord, for he rescues my feet from the snare. Turn to me and have mercy on me, for I am alone and poor.

MEMORIAL ACCLAMATION

Save us, Saviour of the world, for by your Cross and Resurrection you have set us free.

COMMUNION ANTIPHON

The sparrow finds a home, and the swallow a nest for her young: by your altars, O Lord of hosts, my King and my God. Blessed are they who dwell in your house, for ever singing your praise.

POPE FRANCIS INTENTION FOR MARCH 2025

For families in crisis

Let us pray that broken families might discover the cure for their wounds through forgiveness, rediscovering each other's gifts, even in their differences.

PLEASE PRAY FOR . . .

Sick: Robin Collet, Brian Wigg, Patrick Forster-Rohal, Anthony Horne, Fr George Nader, Ted Galkowski, Trevor Boote, Monique Crabb, David Graetz, Siegfried Encarnada, Marisa Bezzina, Lesley Souter, Trevor Kuerschner, Roger Matthews, Leonata Griffiths, Magdalena, Debra Dillon, Wendy Walter, Cecilia Quinn, Jonathan Reading Moore, Krystina Lekstan, Lisa Marie de Silva, John Quirk, Gail Dante, Jill Foster, Celia O'Shaughnessy, Henry, Denis Pfeiffer

Recently deceased: Willis Omollo (father to Catherine and father-in-law to David Ochieng), Veronica Gohl, Gweneth Williams, Carliene Rasheed, John Allan

Anniversary: John Pierkarz, Ann Hartigan, Dennis Crane, David Fisher, Veronica Stanley

Please contact the parish office to have names added to or removed from the prayer list.



MARCH

VESPERS

Sunday, 23 March - Vespers, Third Sunday of Lent; - 5 PM at St Paul of the Cross.

Tuesday, 25 March - Adoration and Vespers, Annunciation of the Lord - 6:30 PM at St Paul of the Cross

Sunday, 30 March - Vespers, Fourth Sunday of Lent - 5 PM at St Paul of the Cross

FRIDAY 28th

STATIONS OF THE CROSS DURING LENT

Stations of the Cross will be held each Friday during Lent.

St Paul of the Cross at 10.00 a.m. **Nativity** at 11.30 a.m.

APRIL

SUNDAY 6TH "SAVE THE DATE" 12-2PM CARITAS MARKET



This will be the major

fundraiser for project compassion this Lent run by Caritas.

There'll be a sausage sizzle, tea and scones, cake stall, produce stall, children's book and toy stall, busking and other assorted activities.

We are looking for help with donations of cake, produce etc. Please invite friends and family along to help make this event not just a fundraiser but one that'll help us get to know one another in the spirit of building community.

For further information or to offer assistance contact Mary 0480100517 or Parish Office 8270 2158

THURSDAY 10th—Genesis Movie Night

The annual Genesis Movie Night is fast approaching, this year the event provides the option of arriving a 6pm for a tour through the Genesis premises at 2 Brooker Terrace, with the actual movie event starting at 6.30pm in the Cowandilla community hall next door. We'd love to show you around. Book your tickets here: <https://events.humanitix.com/genesis-pregnancy-support-movie-night-2025>

Sacrament of Reconciliation -

Third Rite/Individual Confessions

Tuesday 8th April 7pm, Nativity

Saturday 12th April 10am, Our Lady of the Way

HOLY WEEK

Palm Sunday

Saturday Vigil 12th April 6pm Nativity

Sunday 13th April 9am Our Lady of the Way
11am Nativity

Monday 14th April Chrism Mass 6pm Adelaide Cathedral

Holy Thursday 17th April 7pm Nativity with Adoration until 11pm including Reconciliation
7pm Our Lady of the Way with Adoration until 11pm including Reconciliation

Good Friday 18th April **Good Friday Passion**
OLW at 3.00 pm
Nativity Church at 3.00 p.m.

Easter Vigil 19 April 7pm Nativity
7pm Our Lady of the Way

Easter Sunday 20 April 9am Our Lady of the Way
9am Nativity

STATIONS OF THE CROSS

Our Lady of the Way Good Friday Stations of the Cross

For those of you who are unable to attend the Stations of the Cross at Nativity there will be an indoor service at 10am.

Nativity Good Friday Stations of the Cross in the Garden at Nativity. The Church will be open for private prayer. Reconciliation available 10-11am. 14 new stations have been created by parishioner Clem Colla and will become a permanent fixture in the gardens. Thank you Clem, they are magnificent.

The Stations of the Cross on Good Friday will be prayed in the Nativity garden following the path. Bookings of up to 10 people are available from 7am to 1pm. Please go to <https://www.trybooking.com/DAEUJ> to confirm your time slot.

Volunteers who are able to assist with leading Stations of the Cross at Nativity on Good Friday are asked to contact the Parish Office by phone or email.

Divine Mercy Sunday 27 April, 2025

Divine Mercy Chaplet and Adoration including music 3pm at Nativity

Holy Water Bottles

Please return any empty Holy water bottles in preparation for new Holy water at Easter.

Catholic Office for Youth and Young Adults - COYA LIFT UP

Lift up will be held in the evening of Good Friday as part of the 2025 Easter Celebrations, **April 18th** beginning at 7.30pm. The walk will commence at the Monastery, 15 Cross Rd, Urrbrae and conclude at St Francis Xavier's Cathedral at 39 Wakefield St, Adelaide. Please scan the QR Code on the poster in the foyers of all Churches.



3rd Sunday of Lent

In the third week of Lent, our next Project Compassion story features Lam from Vietnam..

Lam, a young man from rural Vietnam with a passion for graphic design, faced limited career prospects due to his disability. With support from the I-SHINE program, he pursued IT training and now runs a successful freelance graphic design business.

"When I got the chance to be a part of this program, I was over the moon – just bursting with excitement and joy," Lam said.



Please donate today.

You can support Project Compassion 2025 through the donation boxes, envelopes or by scanning the QR code above.

Or online at: caritas.org.au/project-compassion

Or by calling: 1800 024 413

PARISH NEWS

VOLUNTEER ROSTER UPDATES

New rosters are soon being prepared for volunteer ministries supporting the celebration of Masses. These rosters will take us from Palm Sunday to December.

If you are currently not on a roster, and wish to nominate for a role, please complete and return a Ministry Registration form available in the foyer of each church. Training and support will be provided for anyone taking on a new ministry. If you are currently on the rosters and wish to make any change to your role (s) or availability please email volunteer@holyfamilyparish.org.au or send a text message to 0480146 070.

New nominations and advice of ministry changes must be received by Monday March 31st.

Thank you to all volunteers for your ongoing service

FREE PIANO

We have an upright piano to give away. If you are interested please contact John Gallagher.

UPDATE – FINANCIALLY SUPPORTING OUR PARISH

Our Parish is grateful for your financial support. If you would like to become part of the parish's Planned Giving program, please contact the Treasurer on 0407613749 or pfc@holyfamilyparish.org.au or the parish offices. We can supply forms for using credit card, direct debit from your bank account, paying into the parish bank account, or by traditional weekly envelopes. Alternatively, simply scan this QR code that now directly and safely links you to the new Holy Family Catholic Parish page on the Adelaide Archdiocese Good Giving website. Here you can make a one-off contribution or set up a regular amount which we will then acknowledge as part of the Parish's Planned Giving program. The app also allows contributions to the first collection and special appeals.



New Holy Family Parish website

The parish now has a new website address.

<https://www.holyfamilyparish.org.au/>



<https://www.facebook.com/people/Holy-Family-Catholic-Parish/61561093340575/>

Leading Rosary before Sunday Masses

As a community, we gather to pray a decade of rosary before the start of each Sunday Mass for Vocation and prepare our hearts before the start of the Sunday Eucharistic Celebration.

If you are interested to lead, please contact the office. Training will be provided.

PARISH WEEKEND ROSTER

30 March, 2025

	St Paul of the Cross Sunday 7.30 am	Our Lady of the Way Sunday 9.00 am
SACRISTAN	Vicki Davey	Annette Harrison
WELCOMERS	Carol Pisters Peter Sawley	Barb Colla Mario Frosco
COMMENTATOR	Peter Donovan	Jenny Horne
READERS	Damien Borda	Pauline Webster Leo Fogarty
EXTRAORDINARY MINISTERS	Helen O'Loughlin	Tony Ward Barb Ward
MUSIC	Guy Palmer-Brown	Georgian Singers
CANTOR	Kay Conlon	
FLOWERS		
	Nativity Saturday 6.00 pm	Nativity Sunday 11.00 am
GATES/SACRISTAN	Nadia Procter	Kiara Ryan
WELCOMERS	Mary Procter Gemma Roberts	Rosemary Buckley Gavin McLaughlin
COMMENTATOR	Paul Ridings	Maria Robertson
READERS	Kellie Matalone Gilda Gaufo	Rochelle D'Souza Mitchell Ryan
EXTRAORDINARY MINISTERS	Liz Brown	Rita Chiappini Sharyn Black
CHILDREN'S LITURGY		Bianca Cotton
MUSIC	Computer	Dan Ryan
SUPPER		
FLOWERS		
CLEANERS		Maria and James Robertson

Next week's readings - 30 March 2025

4th Sunday in Lent Year C

First Reading	Joshua 5:9-12
Responsorial Psalm	Ps 33:2-7
Second Reading	2 Corinthians 5:17-21
Gospel Acclamation	Luke 15:18
Gospel	Luke 15:1-3, 11-32



Please forward all Parish Bulletin requests by Wednesday 5pm to parishpriest@holyfamilyparish.org.au

All the notices to go in our bulletin are sent to the Parish Priest for approval who in turn forwards them to the editors for publication.